

Ramsey Manor Lower School

Curriculum Review

Subject: Physical Education

Intent: What we want to achieve:

Ramsey Manor Lower School is a Values Education School where our Values underpin everything we do. We are committed to safeguarding children and providing a safe and healthy environment for all to learn and grow.

At Ramsey Manor Lower School we believe that, regardless of ability, ethnicity, gender, beliefs or personal circumstances, physical education develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. These include dance, games, gymnastics, swimming & water safety and athletics. Physical education promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle. Thus we enable them to make informed choices about physical activity throughout their lives.

Implementation; How we will achieve this:

- Using the national curriculum and Early Years Curriculum, each child will get to experience a wide range of different sports and PE opportunities by the end of their time at our school, giving each child an opportunity to discover their talents.
- Children are physically active for sustained periods of time during the school week and for at least 2 hours timetabled PE per week
- All PE lessons are structured to ensure coverage of skill acquisitions, use and application, knowledge and understanding.
- A range of different teaching methods are used in PE.
- Lessons are planned and differentiated to meet the needs of all the pupils including those with SEND.
- Our school promotes active playtimes which are led and facilitated by a lead adult as well as our year 4 play leaders.
- The school is part of the Redborne Schools Sports Partnership which provides the school with lots of PE based opportunities. Staff are provided with high quality CPD delivered by expert coaches and opportunities to attend other physical based training. Children benefit from attending inter and intra school festivals and competitions.
- Achievements in PE, both inside and outside of school, are celebrated within whole school values assemblies.
- At Ramsey Manor we offer children a range of extra-curricular sports activities and clubs to promote a healthy physical lifestyle outside of the school day.
- We invite visitors in to the school to promote the fun of physical activity across the whole school.
- Our Lively Land area is used to promote cross curricular lessons with an element of physical activity within them as well as being used for outdoor adventurous activities.
- Our embedded values are used to encourage cooperation, determination, courage and humility whilst taking part in PE, festivals and competitions.

Impact; The intended outcomes of the Physical Education curriculum:

- The successful approach at Ramsey Manor Lower results in children leaving the school with age appropriate gross and fine motor skills. A good knowledge of how to keep healthy and safe and an enjoyment of physical activity.
- Children will have experience of many skills that are relevant to a range of sports and take part in different physical activities.
- Children will have the opportunity to experience competition in sport at a personal, inter and intra school level.
- Pupils will have developed the skill of self and peer evaluation. They will be able to say what they are good at and what they might need to improve and how.
- Pupils will embrace new challenges, try new things and improve their resilience.
- Pupils will seek opportunities for sport and physical activity both within school and outside of school.